Immersive theater as a way to resolve conflict situations

Immersive theatrical production, as one of the forms of modern interactive theater, where viewers and actors immerse themselves in the action taking place on stage, can be an effective way to resolve conflicts between primary school children and adolescents, and foster the values of kindness, friendship, help, love, responsiveness and tolerance. Interacting with the audience and becoming an accomplice in a theatrical production, with the opportunity to take the initiative, is an example of how this can be realized using a work of immersive theater with actors, children and adolescents:

Develop a scenario reflecting the conflict situation between the conflict participants/actors and ways to resolve it through kindness, friendship, mutual respect and mutual assistance. The plot can describe the development from the beginning of the conflict to its happy, kind resolution.

Involve children/teenagers in the process of creating a script and discuss with them the theatrical plot or production, characters and key points of the conflict, allowing them to express their thoughts, emotions, mood and ideas.

Prepare teenagers for their roles in staging/staging by helping them understand how they could embody key values such as love of neighbor, mutual respect, friendship, kindness, mutual help, and tolerance in their fictional or real characters.

Stage a work where teenagers will be able to demonstrate various phases and emotional mood, attitude to the conflict, show sensuality, support, kindness, indifference, responsibility, friendship and responsiveness in conflict situations, as well as show the way to prevent it at an early stage and resolve.

After the theatrical staging of the conflict situation, hold a discussion in which all participants, children and teenagers will be able to share their impressions, emotions from what they saw and heard and understanding of what is happening, express their thoughts, ambiguous emotions, convey the mood, understanding of what is happening and learn to learn lessons from scenes of everyday and everyday life, as well as find ways to prevent conflict situations in the early stages , relieving tension between peers.

Such a process can help participants in conflict situations and their observers understand the value of qualities inherent only in children and adolescents, namely: childlike kindness towards each other, strong friendship, selfless help, urgent mutual assistance, sincere responsiveness, and tolerance, as well as contribute to the formation of their unlimited abilities in solving and preventing conflicts and improving interpersonal relationships in the team and the family.